

**HEALTHY SAN DIEGO  
JOINT CONSUMER & PROFESSIONAL ADVISORY COMMITTEE  
MINUTES – September 8, 2016**

**Members/Alternates Present:** Michelle Darnelle, Kristin Garrett-Montgomery, Michele Greer, Greg Knoll (Co-Chair), Leonard Kornreich, MD (Co-Chair), Rogelio Lopez, Sabra Matovsky, Jennipher Ohmstede, Robert Prath, Ellen Schmeding, Harriet Seldin, DDS, Dean Sidelinger, MD, Kristen Smith, Caryn Sumek, Ann Thompson

**HSD Staff Present:** Angela Galba-Davis

**Guests:** Adriana Cuellar, Jeff Dziedzic, Ben Parmentier, Kevin Phelan, Krista Riganti, Melissa Stout-Penn

ITEM	DISCUSSION	ACTION
<b>I. Welcome and Introductions</b>		
	<ul style="list-style-type: none"> <li>Meeting called to order at 3:00 p.m. by Greg Knoll</li> <li>Introductions were made</li> </ul>	
<b>II. Public Comment</b>		
	<ul style="list-style-type: none"> <li>None</li> </ul>	
<b>III. Healthy San Diego (HSD) Quality Improvement (QI) Subcommittee Report</b>		
(Ann Thompson, QI Chair)	<ul style="list-style-type: none"> <li>The Health Literacy event is scheduled for 10/20/16 at the 2-1-1 building. The guest speakers are Jose Cruz, CEO of SD Council on Literacy and Diana Carr from Health Net who will give a workshop on applying health literacy in a provider setting. A box lunch will be served. The registration will be online and email. Web streaming is available at the 2-1-1 San Diego building if we want to use it if we reach capacity.</li> <li>The Facility Site Review Workgroup is continuing to work on the policy and procedures. We discussed adding a co-chair. Krista Riganti from Care 1st has offered to co-chair.</li> <li>Health Plan Workgroup: <ul style="list-style-type: none"> <li>We do not need to set the CCI agenda topics until next month. The Committee will not meet until November.</li> <li>Long-term services and supports (LTSS) – The MSSP transition is to begin at the end of year. The State will have a kick-off meeting in December. Unless the date gets changed, MSSP is scheduled to transition by the end of 2017.</li> <li>The health plans have finished reviewing the MOAs and they are now with the County. Once we finalize all of the MOA sections, they will go to County Counsel for a review and then back to the health plans legal departments for review.</li> </ul> </li> <li>California Children Services Workgroup: <ul style="list-style-type: none"> <li>Rady's Pilot – DHCS met with Rady's to provide the rates and revise the data use agreement in order for Rady's to contact the clients.</li> </ul> </li> </ul>	

	- October 1st is the Transition to Adulthood Symposium. You can register onsite; no one will be turned away.	
<b>IV. Presentation - Trauma Informed Systems (Dale Fleming)</b>		
	<ul style="list-style-type: none"> <li>• Being trauma Informed is a component of cultural competence, an approach and process to engage all people we serve, all staff and those we encounter in our daily work</li> <li>• In a Trauma Informed System: We recognize and hold a universal awareness of trauma and/or complex stress as seen through social ecological lenses. We understand that trauma often results in individualistic coping strategies that may contribute to multiple strengths and vulnerabilities over the lifespan.</li> <li>• Trauma Informed Services: <ul style="list-style-type: none"> <li>- Focus on recovery/resiliency</li> <li>- Recognizing that wellness is possible for everyone regardless of how vulnerable they may appear</li> <li>- Integrated and holistic – serves the whole person, not a specific condition or diagnosis</li> <li>- Acknowledge and address traumatic stress, including the bi-directional connection between behavioral and physical health</li> <li>- Do not re-traumatize</li> </ul> </li> <li>• A Trauma Informed Workforce: <ul style="list-style-type: none"> <li>- Incorporates organizational strategies to develop trauma informed skills and competencies which includes facilitating the application and integration of knowledge and experiences. The organization nurtures a workforce that represents the population served including hiring, recruiting and training staff to ensure they are trauma informed.</li> </ul> </li> <li>• Some of the many possible indicators of trauma: <ul style="list-style-type: none"> <li>- Anxiety</li> <li>- Insomnia</li> <li>- Agitation</li> <li>- Irritability or rage</li> <li>- Feeling depressed</li> <li>- Eating problems</li> <li>- Using harmful substances</li> </ul> </li> <li>• Trauma informed service characteristics include: <ul style="list-style-type: none"> <li>- Minimizing risk of re-traumatizing individuals and/or families</li> <li>- Focus on recovery/resiliency Integrated and ecologically sound</li> </ul> </li> <li>• There will be a Live Well San Diego Advance on November 3<sup>rd</sup> at 11:30 a.m. It will be for our Live Well recognized partners, potential partners, and various community stakeholders.</li> </ul>	<p><i>Angela will send the save the date flyer.</i></p>

<b>V. Action Items</b>		
<b>Approval of minutes from previous meeting</b>	<ul style="list-style-type: none"> <li>July 14, 2016 meeting minutes approved as amended</li> </ul>	
<b>VI. Chairs' Reports</b>		
<b>A. Health Services Advisory Board (HSAB)</b> (Co-Chairs)	<ul style="list-style-type: none"> <li>There was no meeting</li> </ul>	
<b>B. CCI Cal MediConnect Advisory Committee Update</b> (Greg Knoll)	<ul style="list-style-type: none"> <li>We met in August and the next meeting is November 2<sup>nd</sup></li> <li>The updates from Cal MediConnect include the streamlined enrollment process, physician's toolkit, beneficiary toolkit, and new continuity of care policy. The information is on the CalDuals.org website.</li> <li>In July and August there were 379 calls. Most of the calls were related to enrollment issues and service denial problems.</li> </ul>	
<b>C. Behavioral Health Workgroup (BHWG)</b> (George Scolari)	<ul style="list-style-type: none"> <li>No report</li> </ul>	
<b>VII. Information/Updates (Written or Oral)</b>		
<b>A. Public Health Services (PHS)</b> (Dr. Dean Sidelinger)	<ul style="list-style-type: none"> <li>Zika - There have been 32 confirmed travel related cases in San Diego and 109 cases pending. There is a 3<sup>rd</sup> neighborhood that is going to be sprayed for mosquitos.</li> <li>CCS pilot - The next target date is 7/2017</li> <li>Immunization Program - An All Plan Letter (16-09) came out at the end of August regarding the adult immunizations being a pharmacy benefit.</li> </ul>	
<b>B. Healthy San Diego</b> (Caryn Sumek)	<ul style="list-style-type: none"> <li>None of the numbers have changed dramatically for new enrollments</li> <li>The number of clients enrolled in Medi-Cal managed care is at an all-time high of 93.8%.</li> </ul>	<i>Angela will send out the HSD reports</i>
<b>C. Medi-Cal Initiatives</b> (Caryn Sumek)	<ul style="list-style-type: none"> <li>Drug Medi-Cal - We are looking at rate settings and actively meeting with providers. We continue to obtain additional information from DHCS about DMC which has lengthened the decision process. The County has not officially opted-in. We hope to have this decision made by November.</li> <li>Whole Person Care (WPC) - We were contacted by DHCS regarding four minor budget questions and one Targeted Case Management (TCM) question. We resubmitted a revised proposal, however the funding request remained the same.</li> </ul>	

	<ul style="list-style-type: none"> <li>• Project One For All (POFA) - There have been 45 vouchers that have been given out, primarily in North County. BHS will begin giving out vouchers in the other regions in the next couple of months as Full Service Partnership contracts are enhanced.</li> <li>• Aetna and UnitedHealthcare discussed their status on becoming active San Diego Medi-Cal health plans: <ul style="list-style-type: none"> <li>- Jeff Dziedzic, Aetna – The go live date will be either 7/1/2017 or later. Our goal is to meet the 7/1/2017 date. We will be based in San Diego with a satellite office in Sacramento. We need to be able to prove that we have gone through the Facility Site Reviews, so we are looking at how we can obtain/share information.</li> <li>- Melissa Stout-Penn, UnitedHealthcare – We will have offices in San Diego and Sacramento. DHCS may come up with an implementation contract to help HSD be able to let the new health plans access to Facility Site Review information earlier than the go live date.</li> </ul> </li> </ul>	
<b>VIII. Agenda Items For Next Meeting</b>		
	<ul style="list-style-type: none"> <li>• None</li> </ul>	
<b>IX. Adjourn</b>		
	<ul style="list-style-type: none"> <li>• Meeting adjourned by Greg Knoll at 4:40 p.m.</li> </ul>	

**THE NEXT HEALTHY SAN DIEGO JOINT CONSUMER & PROFESSIONAL ADVISORY COMMITTEE MEETING SCHEDULED**

Thursday, October 13, 2016 from 3:00 p.m. to 5:00 p.m.

*Health and Human Services Complex*

*3851 Rosecrans Street, DOC Conference Room, San Diego, CA 92110*

Minutes recorded and transcribed by Angela Galba-Davis